

**“SOULed OUT”**  
**Session 11: Feeding the Soul**  
**Rev. Rick Dietzman**  
**November 28, 2010**

INTRODUCTION

Cultivating Hunger for God

Isaiah 55:2

*Why spend money on what is not bread, and your labor on what does not satisfy?  
Listen, listen to me, and eat what is good, and your soul will delight in the richest of fare.*

**Q: What are some ways we labor for things that do not satisfy?**

**Q: These verses portray God as one who wants us to be deeply satisfied. How should that affect our attitude and response to him?**

Matthew 5:6

*Blessed are those who hunger and thirst for righteousness, for they will be filled.*

John 4:13-14

*Jesus said, "Everyone who drinks this water will be thirsty again, but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in him a spring of water welling up to eternal life."*

John 6:35

*Jesus declared, "I am the bread of life. He who comes to me will never go hungry, and he who believes in me will never be thirsty."*

**Q: What are some good ways to satisfy our hunger for more in our relationship with God?**

## **Substitutes which sap our strength and leave us empty**

- A. Words without action.
- B. Busyness without purpose.
- C. Calendars without a sabbath.
- D. Giving out without receiving back.
- E. Natural giftedness without spiritual power.

## **What really satisfies us?**

John 6:26-29

*Jesus said, "I tell you the truth, you are looking for me, not because you saw miraculous signs but because you ate the loaves and had your fill. Do not work for food that spoils, but for food that endures to eternal life, which the Son of Man will give you. On him God the Father has placed his seal of approval." Then they asked him, "What must we do to do the works God requires?" Jesus answered, "The work of God is this: to believe in the one he has sent."*

**Q: What are some things people think they need in order to be satisfied with their lives?**

**Q: Are there accomplishments, relationships, or possessions which actually distract you from your hunger for God? What can you do about it?**

Psalm 42:1-2

*As the deer pants for streams of water, so my soul pants for you, O God. My soul thirsts for God, for the living God. When can I go and meet with God?*

### **Agenda for our meetings with God**

1. Give Thanks to God – Remember what He has done
2. Reflect on your life and your motives
3. Express yourself honestly
4. Solve problems and ask for help
5. Other

### **For Personal Reflection**

- A. How are you creating space for God?
- B. What are some of your competing loyalties?
- C. Where do you need God to fill you right now?

Coming up...

December 5<sup>th</sup> Telling Yourself the Truth

December 12<sup>th</sup> TBD

December 19<sup>th</sup> TBD – final class

New series begins Jan 9<sup>th</sup>

The audio and notes for this and previous sessions of this series are available at [www.sequimcommunitychurch.org](http://www.sequimcommunitychurch.org) in the Sunday Seminar section